

**SWAMI RAMA HIMALAYAN UNIVERSITY**  
**SWAMI RAM NAGAR, JOLLY GRANT, DEHRADUN, 248016**

**OFFICE OF THE CONTROLLER OF EXAMINATIONS**

RefNo.: SRHU/COE/Int./2025- 199

Date: 13 May, 2025

**NOTIFICATION**

It is hereby notified that the schedule of **University Examinations (June-2025)** for **B.Sc. (Yoga Science & Holistic Health) & M.Sc. (Yoga Sciences) Even Semesters** shall be as under:

**Venue: Nagarjuna Lecture Theatre-VI, (HSYS)**

<b>B.Sc. (Yoga Science &amp; Holistic Health) Semester II (Theory)</b>				
<b>Timings: 10:00 am to 01:00 pm</b>				
S.N	Date	Day	Course Code	Course Title
1.	04/06/2025	Wednesday	BYSC201 / BYS201 (Old Subject)	Foundations of Yoga- II
2.	06/06/2025	Friday	BYSC202 / BYS202 (Old Subject)	Principles of Hatha Yoga- II
3.	09/06/2025	Monday	BYSC203 / BYS203 (Old Subject)	Human Anatomy and Physiology- II
4.	11/06/2025	Wednesday	BYSC204 / BYS204 (Old Subject)	Yogic Concept of Human Anatomy & Physiology / Human System According to Yoga
5.	13/06/2025	Friday	MDC103	Yoga, Dietetics and Nutrition
6.	16/06/2025	Monday	BYSC205	Soft Skill Training
<b>B.Sc. (Yoga Science &amp; Holistic Health) Semester II (Practical)</b>				
<b>Timing: 9:00 am -4:00 pm</b>				
S.N	Date	Day	Course Code	Course Title
1.	18/06/2025 (09 am to 12 noon)	Wednesday	BYSC206 / BYS205 (Old Subject)	Yoga Practical - III
2.	18/06/2025 (01 pm to 04 pm)	Wednesday	BYSC207 / BYS206 (Old Subject)	Yoga Practical - IV
3.	24/06/2025	Tuesday	BYSC208 /BYS207 (Old Subject)	Human Anatomy and Physiology Practical-II

<b>B.Sc. (Yoga Science &amp; Holistic Health) Semester IV (Theory)</b>				
<b>Timings: 10:00 am to 01:00 pm</b>				
S.N	Date	Day	Course Code	Course Title
1.	05/06/2025	Thursday	BYS401	Patanjal Yoga Darshana-II
2.	10/06/2025	Tuesday	BYS402	Yoga Psychology
3.	12/06/2025	Thursday	BYS403	Yoga Diet & Nutrition
4.	14/06/2025	Saturday	BYS404	Fundamentals of Ayurveda



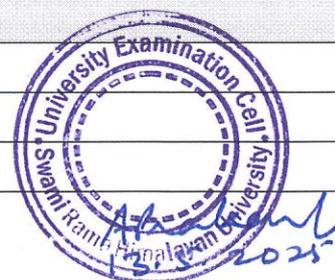
<b>B.Sc. (Yoga Science &amp; Holistic Health) Semester IV (Practical)</b>				
<b>Timing: 9:00 am -4:00 pm</b>				
S.N	Date	Day	Course Code	Course Title
1.	19/06/2025	Thursday	BYS407	Ayurveda Practical
2.	23/06/2025 (09 am to 12 noon)	Monday	BYS405	Yoga Practical - VII
3.	23/06/2025 (01 pm to 04 pm)	Monday	BYS406	Yoga Practical - VIII

<b>B.Sc. (Yoga Science &amp; Holistic Health) Semester VI (Theory)</b>				
<b>Timings: 10:00 am to 01:00 pm</b>				
S.N	Date	Day	Course Code	Course Title
1.	04/06/2025	Wednesday	BYS601	Human Values, according to different Philosophical System
2.	06/06/2025	Friday	BYS602	Yoga Management of Lifestyle related disorders
3.	09/06/2025	Monday	BYS603	Fundamentals of Environmental Science
4.	11/06/2025	Wednesday	BYS605	Elective-II, Applied Alternative Therapies

<b>B.Sc. (Yoga Science &amp; Holistic Health) Semester VI (Practical)</b>				
<b>Timing: 9:00 am -4:00 pm</b>				
S.N	Date	Day	Course Code	Course Title
1.	24/06/2025	Tuesday	BYS606	Yoga Practical-X
2.	19/06/2025	Thursday	BYS607	Yoga Field Work
3.	19/06/2025	Thursday	BYS608	Internship-II

<b>M.Sc. (Yoga Sciences) Semester II (Theory)</b>				
<b>Timings: 10:00 am to 01:00 pm</b>				
S.N	Date	Day	Course Code	Course Title
1.	05/06/2025	Thursday	MYS201	Patanjala Yoga Darshana
2.	10/06/2025	Tuesday	MYS202	Fundamentals of Ayurveda and Naturopathy
3.	12/06/2025	Thursday	MYS203	Human Anatomy and Physiology-II
4.	14/06/2025	Saturday	MYS204	Essence of Upanishad

<b>M.Sc. (Yoga Sciences) Semester II (Practical)</b>				
<b>Timing: 9:00 am -4:00 pm</b>				
S.N	Date	Day	Course Code	Course Title
1.	24/06/2025	Tuesday	MYS205	Yoga Practical - III
2.	24/06/2025	Tuesday	MYS206	Yoga Practical - IV



## M.Sc. (Yoga Sciences) Semester IV (Theory)

Timings: 10:00 am to 01:00 pm

S.N	Date	Day	Course Code	Course Title
1.	05/06/2025	Thursday	MYS401	Research Methodology & Statistics
2.	10/06/2025	Tuesday	MYS402	Yogic Management of Diseases
3.	12/06/2025	Thursday	MYS403	Elective-I, Holistic Health

## M.Sc. (Yoga Sciences) Semester IV (Practical)

Timing: 9:00 am -4:00 pm

S.N	Date	Day	Course Code	Course Title
1.	23/06/2025	Monday	MYS405	Case Study
2.	23/06/2025	Monday	MYS406	Dissertation

This bears approval of the competent authority.



(Controller of Examinations)

Copy to : Hon'ble Vice Chancellor  
: Registrar  
: Principal, School of Yoga Sciences  
: Webmaster – to upload on the University website  
: Notice Boards

for kind information please

For further necessary action i.e. to inform all concerned/  
provide invigilation duties chart/ seating arrangements etc.

Ahankar  
13.5.2025  
(Controller of Examinations)

